

Education & Licenses

1982	Bachelor's Degree, The Evergreen State College
1987	Naturopathic Doctor, Bastyr University
1988 – present	WA State Department of Health Naturopathic Doctor License
1999	Craniosacral Therapist Cert., Cranial Rhythms, LLC/Bodymind Academy

Membership

1998 – present	Associated Bodywork and Massage Professionals, Professional Member
2010 – present	WA Association of Naturopathic Physicians, Professional Member
2008 – present	International Association of Health Care Practitioners
2007 – 2014	Northwest Craniosacral Therapy Association, Vice-president 2007-2009

Advanced Training

Upledger Institute	Craniosacral Therapy training, over 350 hours: CSTI, CSTII, SERI, SERII, CSP, CSTA, HFCC, SYMP, TBS, TCSI, TCSII, TSERI, TSER2, ISCIN (For descriptions please see the Upledger website)
Healing From The Core	Advanced classes for over 400 hours
Cranial Rhythms, LLC	Over 600 hours: Long Program, TALP (x2), TACP, Embryo I, II, III, IV, A BS, Sacred Geo, Practitioner Review
Teaching Assistant	Upledger Institute and Cranial Rhythms: over 1000 hours

Work History

2006 – present	Private practice, Craniosacral Therapy: Oceana Bodyworks, PLLC
1998 – 2006	Self-employed: Relaxation Massage
1990 – 1998	Homemaker
1988 – 1990	Poison Information Specialist Supervisor, WA Poison Information Center, Seattle Children's Hospital

Additional Qualifications

2015, 2016	Three craniosacral articles published in ABMP Magazine, circulation-85,000
2010 – present	Lecture and teach classes on Craniosacral Therapy to the general public, craniosacral therapists and other health care professionals
1993 – 1995	Editor, WA Association of Naturopathic Physicians' Newsletter